

## Senate discusses fee jump



ANDY RATHNOW/ALESTLE

**Senator Holly Glover, sophomore, considers Administrative Services Director Robert Vanzo's remarks on a proposed parking permit increase at the Student Senate meeting Friday.**

**HOLLY MEYER**  
**NEWS STRINGER**

Administrative Services Director Robert Vanzo addressed the Student Senate about the proposed \$12 parking permit increase at the Friday's meeting.

"We have had the same fees for nine years," Vanzo said.

He said there is a purpose for the fee increase.

"We are in trouble financially," Vanzo said. "We do not have enough money to pay expenses."

Student Body President Cindy Holesko said she understood the need for the increase.

"The campus is growing and it is hard not to increase the fees," Holesko said.

In addition to the discussion of the parking permit increase, Vanzo also discussed the new

escalating fine system with the Senate.

"Everyone will start all over," Vanzo said.

The first ticket will be \$10, and each ticket after will be a little more expensive.

"This tends to zero-in on the habitual violators," Vanzo said. "The worst thing we could do is slap someone with a \$40 ticket who made a mistake."

"Students have been asking Student Government to do this for a while," Holesko said. "We finally have an opportunity to do it."

Vanzo said that with other universities that use the escalating fine system, some experience more violations and some experience fewer with this type of system.

However, even though SIUE could lose money from the new system, Vanzo said he is looking

at it as "the right thing to do."

Meanwhile, the Senate approved the constitutions for Wakeboard and Water Ski Team of SIUE and PRINT.

PRINT is an organization that is looking to communicate within the university via online newsletters and blogs.

The Senate approved constitution revocations for Eta Kappa Nu, Latter Day Saint Student Association, Mystic

***"The campus is growing and it is hard not to increase the fees."***

***~Student Body President  
Cindy Holesko***

Society, National Association of Black Student Social Workers, Pakistan Student Association, Societal Innovators, Students and Teachers for Peace, Triumphant Voices and Sigma Alpha Iota. These organizations were inactive for at least two consecutive terms, excluding the summer term.

The Senate also reviewed its own constitutional changes, including the possibility of increasing the number of senators.

However, according to Kimmel Leadership Center Secretary Bonnie Farrington, it was tabled and may not be considered for change until next year.

The next Student Senate meeting will be at 2 p.m. Friday in the Morris University Center's Goshen Lounge.

The final meeting of the semester takes place at 2 p.m. Friday, May 5, in the Goshen Lounge.

## Good standing required for job search

**STEVE BRITT**  
**NEWS REPORTER**

Students needing summer work must first pay a summer installment before they can use the Student Employment office's Web site.

For any student not in good standing, the Web site states, "Your record is not currently active and will not allow you to log in."

The first installment for summer classes is officially due

May 5. Student employment for spring semester is terminated May 6.

"We've never allowed students to look for jobs unless they're in good status," Associate Director of Student Employment Sally Mullen said Monday. "We're in compliance with the law. We notify the departments and notify the students a couple of different ways."

Mullen said the purpose is to protect the campus' student jobs

for paid students.

"We're controlling it for your benefit," Mullen said. "You wouldn't want us to let anyone take students' jobs ... At some point we need to switch. We chose two weeks because it seems the most logical."

According to Mullen, any special situations or problems can be addressed by calling the Student Employment office at 650-2563.

## Testing paper's power

**LAUREL WILLIAMS**  
**NEWS REPORTER**

The Morris University Center was swarming with middle school students on Friday, all with one thing in mind: paper bridges.

The students, ranging in grades fifth through eighth, were participants in the Eighth Annual Paper Bridge Challenge at SIUE, which ran Friday in the Goshen Lounge.

Students were given 40 minutes to build a bridge out of a 7 x 11 inch piece of poster board and a glue stick. Requirements stated that the bridge must be at least two inches wide and two inches high, while being more than 12 inches in length.

The bridges are then tested to see if they can hold at least one pound of sand.

Before they may participate in the challenge, schools have their students go through two lessons on the proper techniques of building a bridge made entirely out of paper through teaching kits.

Construction professor Luke Snell and his wife, Research

Assistant and Education Specialist Billie Snell, designed the kits and challenge.

Billie Snell explained that the challenge began in the hopes of keeping more kids interested in "any science and math fields" as future careers before interest is lost or they become discouraged.

The challenge is split into two special categories: strongest and most aesthetically pleasing. From these, the top three participants in each category are chosen as winners. However, the rules state that a school may not place more than once in each category.

In the strongest category, first place went to Collin Toennies from St. Rose School in St. Rose, with a bridge that held 33.67 lbs. of sand. Second went to Lucas Schmidt from Valmeyer Middle School in Valmeyer, whose bridge held 27.16 lbs. of sand. Third went to Katerina Chamberlain from Litchfield Middle School in Litchfield, holding 13.20 lbs. of sand.

"This is the first time we've ever placed for strongest bridge,"

**see PAPER BRIDGE, page 4**



ANDY RATHNOW/ALESTLE

**Senior construction management major Paul Berns tests Greenville fifth grader Kaitlyn Smith's paper bridge Friday in the Morris University Center's Goshen Lounge during the Eighth Annual Paper Bridge Challenge.**



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## New editor takes helm in summer



KATY HARTWIG/ALESTLE  
**Megan McClure**

### ALESTLE STAFF REPORT

When publication resumes for the summer term, the Alestle will be under new editorial leadership.

Megan McClure will serve as editor in chief of the Alestle for the 2005-06 academic year.

McClure, a freshman mass communications major, will be a

sophomore in the fall. She was elected to the position earlier this month by the Student Publications Advisory Board.

"She just seemed to bring energy to the position," Mass Communications Department Chair Patrick Murphy said. "She had some good ideas."

McClure has served as a copy editor at the Alestle for the past year. Prior to attending SIUE, she served as editor in chief of her high school newspaper and yearbook and worked for the local newspaper, the Breeze-Courier, in Taylorville.

"Megan had a great presence, wealth of experience from high school and has worked hard at the Alestle as a copy editor," Alestle Adviser Mike Montgomery said.

McClure will replace the current editor in chief, Courtney Rakers, who will remain in a leadership role with the publication.

"I feel like I'm leaving the paper in very capable hands,"

Rakers said.

Montgomery is scheduled to retire during the summer. Taking the reins as adviser of the publication will be Lance Speere, the general manager of the Daily Egyptian at Southern Illinois University Carbondale.

"With the change of advisers, this will naturally be a time of transition," McClure said. "I will do my best to help make the switch go as smoothly as possible."

Murphy explained that he feels McClure will be able to "provide support in what ... could be a tricky period."

McClure said her goals for the newspaper include new design and more reader-oriented coverage.

Montgomery said McClure possesses the skills to lead a university newspaper.

"I think Megan's organizational skills and attention to detail will help her lead a staff that will produce a quality newspaper for the SIUE community," Montgomery said.

## New adviser prepares to guide paper



COURTESY OF SIUC PHOTO SERVICES  
**Lance Speere**

SCHALENE HOUSTON  
 NEWS STRINGER

General Manager and former adviser for the Daily Egyptian

Lance Speere of Southern Illinois University Carbondale is set to bring his talent to SIUE.

Speere is replacing departing Alestle adviser and mass communication faculty member Mike Montgomery. Mass Communications Department Chair Patrick Murphy said Montgomery has done a great job with the Alestle and he would like to see the professionalism continue.

"The Alestle has changed over the years. Mike Montgomery brought a high degree of professionalism and we want to continue that with someone who has experience," Murphy said.

Speere said applying for the position was the "perfect opportunity" for him and also added that SIUE is an up-and-coming university.

"SIUE is a growing campus,

the Mass Comm. Department is recently accredited (and) the Alestle has all the resources necessary to publish a strong student newspaper," he said in an e-mail interview.

Speere added that his familiarity with the community and the fact that his family is there also played a role.

Search Committee Chair Gary Hicks said Speere's previous experience was a quality that stood out through the decision making process.

"Not only did he have years of professional experience, but experience specifically with an award-winning publication, the Daily Egyptian," Hicks said.

The Daily Egyptian has won several awards, including the National Pacemaker Award in November 2002, while Speere

see SPEERE, page 4

## College creates assistant dean position

AARON SUDHOLT  
 NEWS REPORTER

In order to meet the demands of an expanding number of students in the College of Arts and Sciences, an assistant dean position has been created.

The major purpose of the position will be assisting with the freshman seminars of the 1,700 new freshmen coming in the fall and overseeing the Bachelor's of Liberal Studies degree within the College of Arts and Sciences.

The newly created position will give the college help as demands on it increase.

"It's in response to the

changing expectations in the College of Arts and Sciences," College of Arts and Sciences Associate Dean Wendy Shaw said.

She said the position is open to tenured faculty within the college.

According to an e-mail sent by College of Arts and Sciences Dean Kent Neely, other responsibilities of the new assistant dean will include the coordination of human resources to meet the requirements of collective bargaining agreements. The assistant dean will also help in faculty searches, resolving budgetary questions, coordinating the facility and

equipment needs of the college and assisting with the coordination of external grant efforts and college auxiliary units WSIE and the museum.

The application deadline is April 30.

"Our goal is to have something in place before July 1," Shaw said.

Those interested can send a letter of application, education and job history, two letters of recommendation addressing their qualifications compared to the position's requirements and a personal statement of educational and research philosophy to the search advisory committee.

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# SIUE looks to keep the vote alive

HOLLY MEYER  
NEWS STRINGER

More than 100 SIUE students can now participate in the electoral process thanks to the Student Leadership Development Program's most recent voter registration drive.

"It is our civic responsibility," SLDP Administrator Suzanne Kutter-Siburt said. "It is (how) the democracy of the United States was founded."

The foundation for democracy is stated in the 26th Amendment of the Constitution.

"The right of citizens of the United States, who are 18 years of age or older, to vote shall not be denied or abridged by the United States or by any state on account of age."

With the average age of freshmen at 18, college students are some of the newest voters in the country.

"The Constitution gives me the right to vote," freshman Alex Walk said. "I think that if you don't vote and you are eligible to, then you don't have a right to complain about election results."

Unable to participate in the last presidential election because of his age, Walk plans to vote in the next one.

Sophomore Hayley Pals voted in the last election. Pals said she went to the polls because she wanted to exercise her right to vote.

"I have an opinion about

what goes on in the United States. I can't argue with anything if I don't vote."

However, not everyone feels it is necessary to vote. Freshman Sean Unti does not participate in the electoral process.

"I don't care enough about anything going on in the world to waste my time (voting)," Unti said.

He is not alone in his decision. Sophomore Betsy Koebele claims to be too "lazy" to vote.

"I think people should do it, but I don't vote," said.

Some students' opinions of President George W. Bush and his administration have encouraged them to start or continue to vote.

"Like any good president, he's had his flaws, but no matter how misguided his intentions were, he's always had the country's best interest at heart," sophomore and self-proclaimed Republican Justin Phillips said.

"I don't agree with pretty much all of his policies," Walk said. "I think Hurricane Katrina and everything that went along with that was a bunch of bullsh\*t. I also do not agree with us being in Iraq."

As for the war, Unti said, "I

don't think we should be in the war at all. I think it was stupid to go there in the first place."

On the other end of the political spectrum, "I feel our reasons for going over there were misguided, but now that we're over there it would be morally wrong to leave the people of Iraq," Phillips said.

The war in Iraq is not the

**"I have an opinion about what goes on in the United States. I can't argue with anything if I don't vote."**

~Sophomore Hayley Pals

Koebele only topic of interest among SIUE students.

The swearing in of new Supreme Court Associate Justice Samuel Alito renewed interest in the abortion debate.

"I feel abortion is wrong except only in cases of rape," Phillips said.

Another student, who declined to be identified, disagreed.

"I think a woman has a right to decide what she is going to do with her body," she said.

Controversial topics, such as the as the war in Iraq and abortion, are major issues during an election year.

"Everybody should vote," Phillips said, "vote for what they feel is right."

## PAPER BRIDGE

from page 1

Jennifer Thomson of Litchfield Middle School said. "I was very pleased."

For Most Aesthetically Pleasing, first place went to Justin Oberts of Roxana School in Roxana. Second went to Clara Lewis from Valmeyer. Third went to Chelsea Camerer from Lewis and Clark School in Wood River.

Winners of both special categories receive prizes in the form of a savings bond, with first

place receiving \$300, second \$200 and third with \$100.

"Being able to represent Valmeyer and go to SIUE," Janet Weber of Valmeyer Middle School said. "That, to me, makes them all winners, no matter how they did."

Each participant received a certificate, whether or not their bridges met the criteria.

Students' bridges that proved to support at least one pound of sand received an

award.

"It was really fun and I learned a lot," Chamberlain, who also participated in the challenge last year, said.

The Paper Bridge Challenge is run by the Concrete Construction Resource Unit of SIUE's School of Engineering.

It is sponsored by the Southern Illinois Builders Association.

For more information, visit [siue.edu/CCRU/BRIDGE1](http://siue.edu/CCRU/BRIDGE1).

## Police Incidents

### Traffic

4/16

Police issued Rachelle E. Valencia a citation for the operation of an uninsured motor vehicle on Poag Road.

Police issued Tamara L. Gardner citations for speeding and the operation of an uninsured motor vehicle on South University Drive.

4/17

Police issued Crystal L. Cruse a citation for the operation of an uninsured motor vehicle on South University Drive.

Police issued Angel V. Creek a citation for the

operation of an uninsured motor vehicle on South University Drive.

4/18

Police issued Cheryle L. Tucker-Loewe a citation for improper lane usage in Parking Lot 3.

Police issued Julianne C. Coonley a citation for disobeying a stop sign on North University Drive.

### Alcohol

4/17

Police arrested Rebekah R. Evans for consumption of alcohol by a minor in connection with an incident on 4-14. Evans posted \$100 bond and was released.

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## River Bluff Review hosts launch party Wednesday

### ALESTLE STAFF REPORT

SIUE's literary magazine, the River Bluff Review, is hot off the press and ready for distribution.

The River Bluff Review will host a launch party for its 15th annual edition from 1:30 to 3 p.m. Wednesday in the Morris University Center's International Room.

The River Bluff Review is created entirely by the students of SIUE. Works published in the

magazine are submitted by students and the editorial staff is composed of students from English 494: Literary Editing.

Poetry and fiction from the publication will be read aloud at the launch party. Also, copies of the River Bluff Review and refreshments will be on hand.

The event is open to the public and free of charge. For more information, contact professor Jeffrey Skoblow at 650-3188.

## Faculty to talk tenure Friday

### RAJSHEKAR DACHA NEWS STRINGER

SIUE faculty members will meet to discuss the tenure process.

A conference on the topic will take place from 11 a.m. to 1 p.m. Friday in the Lovejoy Library Conference Room 3021.

The panel of members consists of family health professor Rita Arras, social work professor Venessa Brown, historical studies

professor Tom Jordan, nursing professor Kathy Ketchum and educational leadership professor Laurel Puchner.

According to a press release, a light lunch will be provided for those attending the conference and to all the faculty members.

For more information, contact panel facilitators Marie Byrd-Blake at mbyrdbl@siue.edu or Rita Sander at rsander@siue.edu.

## SPEERE

from page 2

served as adviser. The National Pacemaker Award is the highest honor a college newspaper can receive from the Associated Collegiate Press.

Hicks said students in the Mass Communications Department and the Alestle can look forward to new changes.

"I think we can look forward to a new era in the Alestle," Hicks said. "He's bringing new ideas and perspectives from a national newspaper and (we're) hoping that those qualities are soon reflected at the Alestle."

An idea Speere has in mind for the Alestle is to use more of the fast-changing technology for everyday usage.

"Media operations are going digital and today's journalism students need to learn how to use the Internet and other digital and wireless tools to collect and distribute news and information," Speere said. "It is a whole new way of doing journalism and I'm very excited about opening up these opportunities to the student journalists at SIUE."

Daily Egyptian Editor in Chief Zack Creglow said Speere taught the students a great deal and his positive attitude is something SIUE students can look forward to.

"He made you realize the strong journalists who've come before you. It was a sense of understanding," Creglow said. "He's always upbeat and positive, so it's something that will be missed. I think that's something he's going to bring to

SIUE."

Creglow added that Speere helped the staff at the Daily Egyptian realize they were reaching to become one of the best. He also said Speere is a person to guide students in the right direction.

"(That) you're not second best, you're striving to be one of the best in the state. He takes great pride in papers he helps," he said. "His voice is a guiding light for those who want to do that."

Speere said he has a "great passion for journalism" and he would like for students to gain an understanding of all the qualities he has taught to students at SIUC.

"I believe in the principles of fair, balanced, accurate, ethical and responsible reporting," Speere said. "I had success instilling those ideals in the students at the Daily Egyptian and I would hope that I have similar success with students at the Alestle."

Hicks said there were two other candidates who applied for the position and were offered an interview. He said they accepted those interviews and later declined them.

The search took three or four months and was advertised nationally.

According to Murphy, the faculty is happy Speere will be joining the department.

Hicks said the department is "very much looking forward to welcoming him to the faculty."

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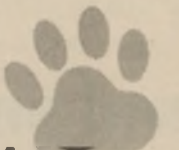
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The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call 650-3528.

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# OPINIONS & EDITORIAL

TUESDAY, APRIL 25, 2006

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## Columnist offers solution to obesity epidemic

HANOVER, N.H. (U-WIRE) – Americans need to put down the fork. Our country is becoming the most obese in the world. The overweight majority of our population is not only unsightly, but expensive and unhealthy.

According to the Centers for Disease Control and Prevention, two-thirds of American adults are overweight or obese. The same goes for one-sixth of adolescents and nearly 300,000 babies and toddlers.

It is understandable if a 70-year-old retiree has a gut, or if a 40-something mother of three does not look like she did in high school, but a society teeming with obese toddlers is sad and worrisome.

Rampant obesity undeniably stems from one source — the home. If parents allow their children to wallow with a Playstation and fast-food-induced torpor for hours each day, it is no surprise that their middle-schoolers are shopping in the husky section. When children are young, their entire daily regimen should be controlled or supervised by adults.

Encouraging kids to climb trees, explore forests, ride bikes and compete athletically not only develops social habits and teaches the wonders of a three-dimensional world, but also develops healthy growing bodies. Older teenagers frequenting a late-night drive-thru may be outside the reach of parental control, but obese toddlers and preteens are generally deplorable results of negligent parenting.

Before children are old enough to transport themselves, parents must actively seek to instill in them proper nutritional habits while fostering a physically active lifestyle.

Healthy habits promoted at Dartmouth College are reassuring. Many students prove that fit, physically conscientious young adults still exist. Perhaps this college's vibrant, outdoorsy campus simply attracts those who enjoy fresh air and a jaunt in the mountains.

Perhaps it is a result of some students' backgrounds of privilege: healthy children raised in families that value education and awareness.

But among myriad varsity, club, intramural and recreational athletics and many healthy food choices in dining facilities, Dartmouth shows that a life of health can be not only physically rewarding, but enjoyable and attainable.

Unfortunately, America's

population of overweight youngsters is growing.

This hefty demographic has sparked a dramatic increase in the number of children with juvenile diabetes, and even — pathetically — created a need for more sturdy car seats as kids under three years of age frequently exceed safe travel weight limits. Because the majority of these cases come from poor-eating habits and sedentary lifestyles, our country needs to cut its obesity pandemic where it begins: early in life.

Instituting mandatory health classes in public schools is a

problem is not a “fat tax,” where the government seeks to tax unhealthy foods (e.g. hot dogs, donuts, candy); nor should soda bottles bear warning labels about their nutritional worthlessness.

But the answer to this problem is not a “fat tax,” where the government seeks to tax unhealthy foods (e.g. hot dogs, donuts, candy); nor should soda bottles bear warning labels about their nutritional worthlessness. These governmental attempts to encourage health do

affluence, raising prices on affordable food — even horribly unhealthy food — would make any type of eating practically unaffordable.

Government involvement should instead encourage nutritious diets for the poor, perhaps by making Food Stamps more valuable (or solely redeemable) toward healthy foods.

Also, state governments could allocate tax dollars to help purchase nutritious food for the poor. While such a proposition might incur outrage from upper classes, reducing obesity could save significantly more money in Medicare, Medicaid and business healthcare expenses than a small tax would cost.

Some weight and health problems can come about through reasons other than improper diet and lack of exercise; genetics or other diseases can lead to similar physical problems.

But the vast majority of America's obesity and lack of fitness comes about through poor habits, which subsequently may be prevented by increased awareness and concerted parental efforts to keep children active and healthy.

As a society, we cannot afford to neglect this issue. For as long as waistlines continue to expand, so will health problems and the expenditures that deal with them.

Andrew Lane  
The Dartmouth

**“Parents must practice and preach good eating habits early to prevent their toddlers from becoming waddlers.”**

reasonable step toward educating students in self-awareness. Legislation requiring physical education classes (in some states) to administer 20 minutes of daily jogging is also a logical attempt at combating childhood obesity, but such efforts have missed the mark. Unfortunately, many children of school age already have their nutritional course set for life. Parents must practice and preach good eating habits early to prevent their toddlers from becoming waddlers. Depriving youth of proper parental nutritional guidance is to introduce them to a life of discomfort, ostracism, disease and unnecessary expenses.

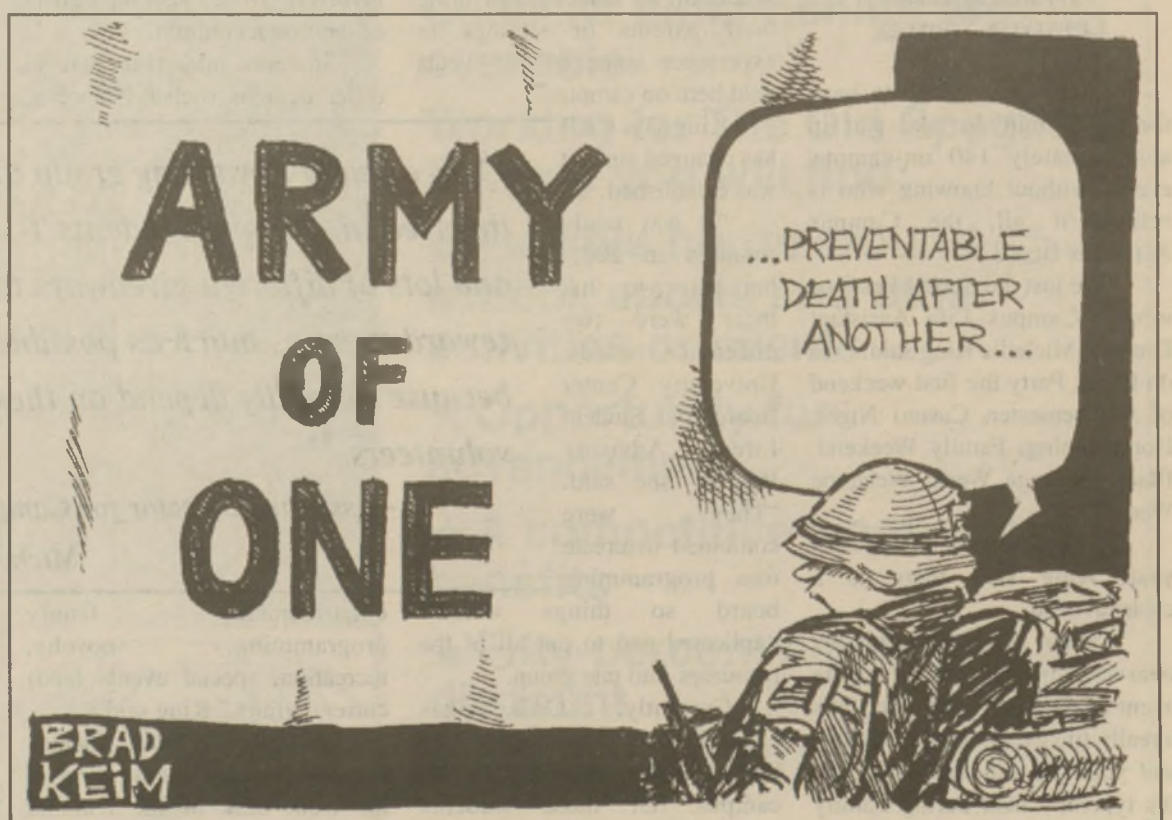
In America, it is inexpensive

what much regulatory “fat” legislation tends to do — reach its intended target but simultaneously punish others, like when a three-sport varsity athlete is forced to jog for 20 minutes in physical education class because of his overweight high school classmates. Similarly, a “fat tax” would raise Butterfinger prices for the fit and fat alike.

Instead of hiking prices on certain luxury foods (which can be reasonable desserts or snack foods for healthy people), government action should make nutritious food more affordable.

Because low-income families are more frequently overweight than people of

**Please Try Again — Brad Keim**





## Cougars hoop it up for disability awareness

**TED MCKINNEY**  
MANAGING EDITOR

The SIUE basketball players, who pride themselves on defense, could do nothing to slow down the Confluence Center's fast break and lost Wednesday evening 34-27.

However, the Cougars had so much fun that they played a bonus period of wheelchair basketball.

The Confluence Center, which is a non-for-profit charity in Alton, focuses on giving individuals with disabilities athletic opportunities.

The event was the fifth annual Celebrating Abilities Wheelchair Basketball Game sponsored by Disability Support Services.

The Confluence Center has played both the men's and women's teams, but this was the first time the Cougars tipped off with a coed squad.

"Who among us thinks we will ever be in a wheelchair ... even for fun for a charity basketball game?" Confluence Center Vice President Jim Dugan said. "I think what it does is it allows (the Cougars) a sense of the game that they love from a sitting position, and hopefully a sense of the type of athletes they are playing against and, God forbid, the type of athletes they

would be if something were to happen."

Dugan said that bad things happen to good people, but "if we live our life as a disabled person that is not the end of the story. It's just another chapter. I hope the folks in the crowd and these

***"If we live our life as a disabled person that is not the end of the story. It's just another chapter."***

*~Confluence Center  
Vice President Jim Dugan*

athletes recognize that."

SIUE Women's Basketball Head Coach Wendy Hedberg said the event is always a good time and the awareness message seems to be getting out.

"General comments are made about just be happy for what you have and how fortunate you are," Hedberg said. "It is a great event. I don't know how to get people more involved with it. Maybe next year (the fans) should sit in the chairs and try to shoot."

Disability Support Director Jane Floyd-Hendey said she is proud of the Athletic Department for its support and enthusiastic participation.

"The players really got into



KATIE GROTH/ALESTLE

**SIUE senior guard Martel Mahon protects the ball from his opponent.**

it this year," Floyd-Hendey said. "I wish more students would come out and take a look at this because they would be amazed at how professional this team is. This is not a demonstration game. This is a real basketball game."

Dugan and Confluence Center President Lyn De Laney started the center in the summer of 1995 to provide opportunities for people with disabilities in the Southern Illinois area.

Dugan, who is in a

wheelchair, also serves as the center's coach and refereed the SIUE event.

He hopes the event opens people's eyes to the fact that a wheelchair is just an apparatus and not something to fear.

A person in a wheelchair "could get around without it, but his butt would get dirty," Dugan said.

Dugan said people with disabilities are like everyone else, and he thinks exposure at events

like this help spread that message.

According to the center's Web site, "The Confluence provides free programs, competition, equipment, entry fees, travel and coaching to its athletes who range in age from six to 77 in basketball, sit volleyball, softball, tennis, and water skiing."

For more information, visit the center's Web site at [www.confluencesports.org](http://www.confluencesports.org).

## Spring into action with campus activities

**Campus Activities Board provides students with opportunities to get involved throughout the year**

**JESSICA MILLER**  
LIFESTYLES STRINGER

Every year, students have the opportunity to take part in approximately 140 on-campus events without knowing who is behind it all, the Campus Activities Board.

"We just did Spring Fest last week," Campus Life Assistant Director Michelle King said. "We do Block Party the first weekend of fall semester, Casino Night, Homecoming, Family Weekend, Black Heritage Week, Welcome Week."

Of all the events hosted each year, King said there is a clear favorite.

"Casino Night is probably overwhelmingly the favorite event of the year," she said. "It's a really fun event here on campus and you can win lots of prizes. It's typically held during Family

Weekend, so students can bring their parents or siblings to experience some of the events held here on campus."

King says CAB has changed since it was established.

"It was really founded in 2002, but prior to that there were two different boards, University Center Board and Student Life Advisory Board," she said. "They were combined to create one programming

board so things weren't duplicated and to put all of the resources into one group."

Currently, CAB has approximately 50 students who both live on and commute to campus. Of those students

involved, 16 are section leaders of their own committees.

Students may take part in different areas, such as "concerts,

Leadership Center. Based on their interests, students can get an idea of what committees they would like to be involved in.

"We definitely will take anyone who's interested," King said. "We have about 140 programs every year, so we can use as many hands as we can get."

"Just in the past two years, we've gone from about 90 to 140 events per year and we're constantly getting new events to better meet the needs of our students," King added.

Even though all CAB members are volunteers and

***"It's a really rewarding group to be involved in. We give students T-shirts and lots of different giveaways to reward them as much as possible because we really depend on these volunteers."***

*~Assistant Director for Campus Life,  
Michelle King*

entertainment, family programming, novelty, recreation, special events (and current affairs," King said.

According to King, students may fill out an interest form at the front desk of the Kimmel

receive no monetary compensation, King believes the program is rewarding.

"It's a really rewarding group to be involved in," she said. "We give students T-shirts and lots of different giveaways to reward them as much as possible because we really depend on these volunteers."

Because so many events are held each school year, students may be wary about activities being too time consuming.

"As a general committee member, you can commit as much as you want," she said. "If you have one hour a month to volunteer, that's great. Or if you have ten hours a month, that's great, too. It's just whenever you have the time."

CAB meets at 5 p.m. every Thursday in the Kimmel Leadership Center's Conference Room.



# Turn down the volume on your iPod to prevent hearing loss

LIBBY RODGERS  
THE CRIMSON WHITE

TUSCALOOSA, Ala. (U-WIRE) - Monique Williams, a sophomore majoring in political science at the University of Alabama, said she knows that loud noises over a long duration of time can negatively affect hearing. Still, she listens to loud music on her iPod.

How loud?

"So loud she can't hear Denny Chimes when she's standing right next to it," said her friend Jessica Granger, a sophomore majoring in special education. "She can't even hear a train go by."

"Well, that's pretty much true," Williams said with a smile.

For years, audiologists, scientists who study the effects of sounds and loud noises on the ear, have worried about people cranking up the volume on car stereos, home stereos and devices such as Walkmans and other portable CD players.

Now the controversy has turned to iPods and the small but high-powered earbuds attached.

Rebecca Brooks, coordinator of audiological services in the UA Department of Communicative Disorders, said

the extent to which iPods cause hearing loss is not proven since the devices are so new.

But, she said the relationship between high noise levels and hearing loss has been confirmed, so those who listen to iPods for long periods of time at very loud levels could be at risk.

Brooks said studies that link iPod volume levels and hearing

**"They're just drowning out the noise of everyday life."**

~freshman Paul Hanninen,

University of Alabama

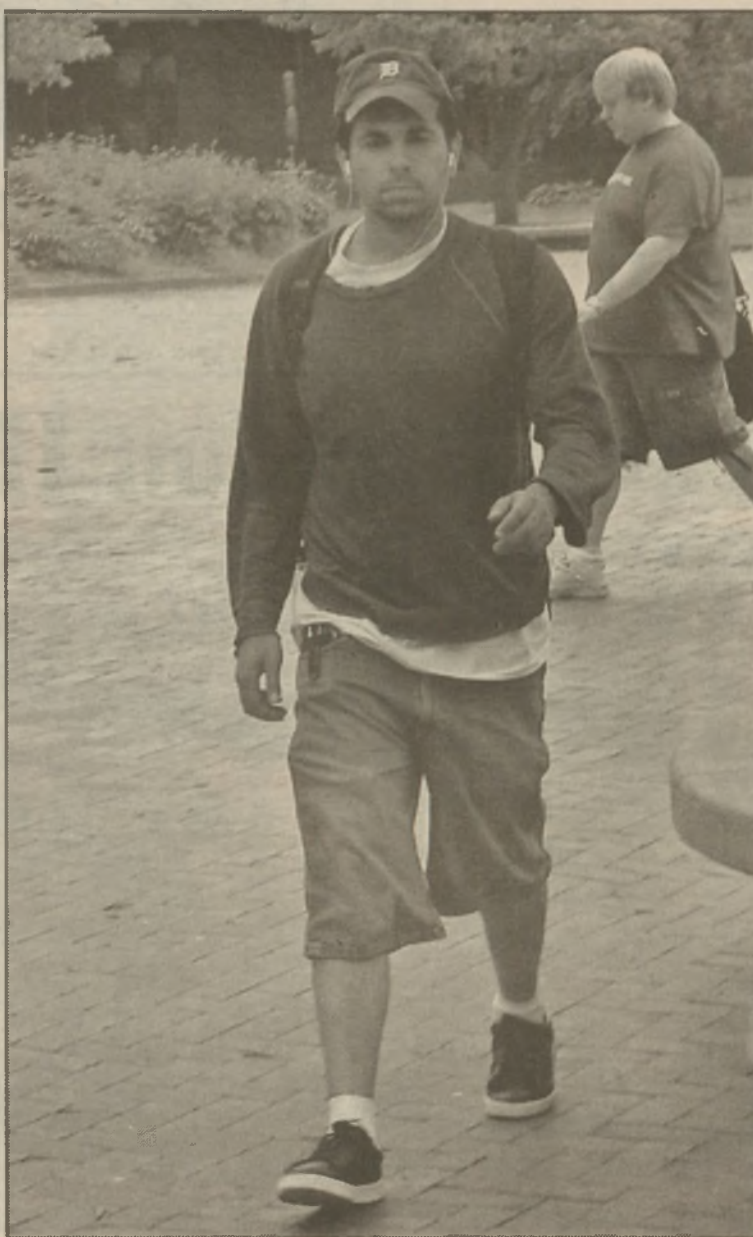
loss aren't finished yet. She also said studies were hard to conduct because so many variables had to be taken into consideration.

"Are the people in the study hunters [who shoot guns often]? Do they work with power tools?" Brooks said.

She also mentioned rest periods during listening as a factor.

Brooks said there are two ways to know for sure if the volume on your iPod is too loud.

"One, if you're listening to your iPod so loud that the person next to you is also listening comfortably, that's really too



ANDY RATHNOW/ALESTLE

SIUE junior Sal Khondaker listens to his iPod on campus Monday in the Stratton Quadrangle.

loud," she said. "And secondly, if you ever take off your iPod and you have ringing in your ears, then that's a real red flag."

Apple, recognizing the need to combat the hearing loss problem, recently released a feature allowing parents to set a volume limit on their children's iPods and lock them with a code.

"With the increased attention in this area, we want to offer customers an easy to use option to set their own personal volume limit," Apple said in a statement.

The new feature is available for download from Apple's Web site.

Paul Hanninen, a freshman English major at the University of Alabama, said iPod listeners who blast their music at maximum volume can't enjoy the music at that level.

"They're just drowning out the noise of everyday life," Hanninen said.

Hanninen also said some people are fooled into thinking iPods won't harm them because the earbuds are so small.

"But they're just like anything else. Just like if you're at a concert standing next to the speakers," he said. "If you listen to anything at a loud volume for a long time, you're going to bust something."

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## Sports Quote of the Day

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*~Tom Clark*



8

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TUESDAY, APRIL 25, 2006

# SIUE breaks Division II shutout record

MALLORY HENSLEY  
SPORTS STRINGER

The SIUE men's baseball team broke an NCAA Division II record this weekend, becoming the first Division II team to ever achieve 17 shutouts in a season. Although Kyle Jones, the Cougars' star pitcher, had his streak of scoreless innings snapped, SIUE walked away from the weekend with four more victories under its belt.

The Cougars matched up with Kentucky Wesleyan College Saturday afternoon. The doubleheader was followed up with another set of home games against Wesleyan at Roy Lee Field on Sunday.

The Cougars allowed one run in each game on Saturday. Wesleyan's Jordan Bonyai squeezed a leadoff single out of Jones in the first inning of game one. A double by the KWC's Dusty Stevens sent the Panther-bench up in a furor as Bonyai came around from second base to score.

Bonyai was the first runner to score off of Jones this season.



**SIUE senior outfielder Jeff Darnall slides home just before the catcher receives the ball during a recent game at Roy Lee Field.**

COURTESY OF SIUE PHOTO SERVICES

Jones's impressive streak of scoreless innings set the new NCAA Division II record at 54 and one-third. Jones threw seven innings and went on to strike out 10 of the batters he faced later in the game.

SIUE senior Patrick Keller

relieved Jones after the seventh inning, striking out four of the eight batters that he faced on the mound. His record improves to 4-0.

SIUE tied the game at 1-1 in the sixth inning when Cory Bunner crossed the plate on Jeff

Darnall's RBI double. In the ninth, Nathan Doty had a clutch hit, successfully putting the ball in play with bases loaded. Jake Smith scored the go-ahead run.

Mirroring game one, Wesleyan's Bonyai scored in the

first inning of the nightcap. Stevens picked up another RBI with a double to right center field. SIUE caught up earlier in round two, however, scoring a run in the third inning and two runs in the fourth.

Both teams returned to the field on Sunday for a rematch. The Cougar pitching lineup broke the NCAA Division II record shutouts after the first game. Central Missouri State set the previous record at 17 games last season.

SIUE's Cameron Cheek led his team to its 17th shutout of the year. If the Cougars can manage to log seven more shutouts, they will tie the overall NCAA record. SIUE is currently ranked first in the nation in ERA. The team has a collective average of 1.87.

Cougars Ryan Czyz and Danny Fletcher each picked up an RBI in the second inning of Sunday's first game. Jake Smith drove in two runs with a single in the fourth.

Game two was a relatively

see **BASEBALL**, page 10

# Cougars eclipse 40th win of the season

GEOFF SCHARDAN  
SPORTS STRINGER

It was a great bounce back for the SIUE softball team this weekend as they move above the 40-win plateau with four games left on the season.

The Cougars played two doubleheaders and managed to win three of the four games. This was after they had their 11-game win streak snapped on Wednesday, losing both games of the doubleheader against the University of Southern Indiana.

On Saturday, SIUE went to visit Great Lake Valley Conference foe University of Missouri-St. Louis, reaching its 40th win of the season by sweeping the series.

The Cougars had everything going their way as they scored 17 runs and gave up just one.

The first game SIUE had junior pitcher Sabra McCune on the mound. She had one of her best games all season, giving the



KATY HARTWIG/ALESTLE

**SIUE senior Shanna Waldo beats the throw home during a recent game at Cougar Field.**

Cougars an 8-0 victory. She pitched five shutout innings for the win along with 11 strikeouts and allowed only one hit.

The bats also showed up for SIUE. The Cougars were up one to nothing at the end of two innings and they would add on to their lead. McCune helped her own cause. With runners on first and second, she smashed an RBI double. Then, after a walk from junior Jodie Ohlau, junior first baseman Emily Lenart hit a single into center field that scored two runs. SIUE senior Amy Rogers added another run with a single.

The Cougars added three more in the next two innings to go up 8-0 and shorten the game, dropping UMSL to 13-26.

SIUE senior outfielder Alicia DeShasier went 2-2 with an RBI and three runs. Junior catcher Libby Lenart also had two hits and drove in two.

The next game was another

see **SOFTBALL**, page 10



## SIUE basketball coaches named to state Legends list

STEPHEN BUDNICKI  
SPORTS STRINGER

SIUE men's basketball Head Coach Marty Simmons and former Cougar coach Larry Graham, who is SIUE's all-time victory leader, recently were nominated to members of the 100 Legends of Boys Basketball list by the Illinois High School Association.

The list includes NBA Hall of Famer Isaiah Thomas, NBA All-Star Michael Finely and former Collinsville High School standout Virgil Fletcher.

Graham was recognized by the IHSA for his achievements during his more than 25-year career. Graham won two state championships while coaching his teams to six state tournament appearances. The Indiana native holds the wins record at three different institutions – SIUE, St. Louis Community College at Florissant Valley and Madison High School.

Graham was head coach of the Cougars from 1984 to 1992, sending SIUE to its first three appearances in the NCAA Tournament. The Cougars combined for an overall record of

69-21 in three straight years through 1985-86, 1986-87 and 1988-89 under his tutelage. Graham holds the record for most victories, with 147.

Graham has won several Coach of the Year awards, most recently earning the honor for his work at Florissant Valley during the 2003-04 season.

Simmons, the star of Lawrenceville's two undefeated state champion teams in 1982 and 1983, went on to play at Indiana University and the University of Evansville. Last season, Simmons led SIUE to its first Elite Eight appearance and its second straight NCAA appearance. The Cougars also broke their single-season record with 25 wins. Under Simmons, SIUE has posted a 73-47 record in his four-year tenure.

Simmons was named NCAA Division II Illinois Basketball Coaches Association Men's Co-Coach of the Year in March, guiding the Cougar defense to a team record of just 60.7 opposing points per game allowed. SIUE also enjoyed a school-record 16-game winning streak with Simmons at the helm last season.

## Cricket club unveils new pitch



ANDY RATHNOW/ALESTLE

Maryville resident Bhavin Patel, far left, tries for a shot as the batsman of the Collinsville Cricket Club. The Collinsville Cricket Club played against the SIUE's new club sports cricket team Sunday during the inaugural match of the SIUE Cricket Pitch.

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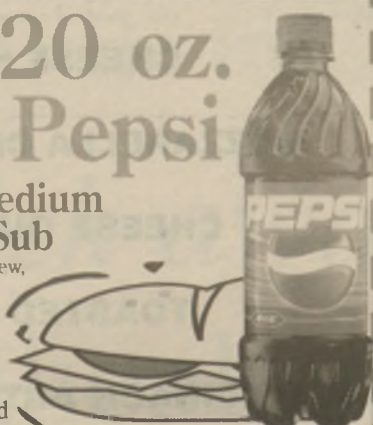
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## Men's track adds new phenom

**MATTHEW BRUCE**  
SPORTS EDITOR

The SIUE men's track team should be stronger in more ways than one when next season comes around.

The Cougars beefed up their 2007 roster by recently acquiring Rend Lake College standout Courtney Haywood.

Haywood signed a national letter of intent over the weekend to compete for SIUE.

The Blackjack, Mo., native adds muscle to a core of Cougar fielding performers with slim pickings. SIUE loses senior throwers Phil Freimuth, Ben Willard and Steve Landers to graduation after the season.

Haywood earned second-team All-American honors at the

National Junior College Athletic Association meet in March, heaving a personal best 56-foot, 1.25-inch toss in the weight throw. He was also an All-American his freshman year at Rend Lake, garnering honors for the indoor weight throw and shot put and the outdoor discus throw.

Haywood is currently finishing up his sophomore campaign at RLC, where he shattered the school-record in the hammer throw during the Pacesetter Invitational April 14 and 15. He bested the old mark by more than four inches with a toss of 167-03.

Haywood came to Rend Lake from Hazelwood East High School in St. Louis. The Cougars kick off the season in January.

## SOFTBALL

from page 8

cakewalk for the Cougars as they cruised to a 9-1 victory.

Sophomore hurler Lindsay Laas started for the Cougars and only gave up one hit in five innings to go with four strikeouts.

The game was still in reach for UMSL heading into the sixth inning with the Cougars up 4-1, but SIUE added five runs in the frame to put it away.

SIUE played small ball that inning scoring its five runs on five singles.

Libby Lenart had the big hit in the inning driving in two of the runs on a bases-loaded single to left field. She ended the game 2-4 with three RBIs and a run scored.

The Cougars were on the road again Sunday when they played against GLVC rival Quincy University. SIUE split the series winning the opener 6-0 before losing the nightcap in extra innings 3-2.

In the first game, McCune

was on the mound and was Ms. Automatic once again. She gave up three hits and struck out five in seven scoreless innings. The win gave her 23 victories on the season.

The Cougars were up one to nil heading into their part of the third. With one run already scored that inning, McCune hit her sixth homerun of the season.

The Cougars added three more in the fourth on a Rogers double and a single from senior Holly Neuerburg that brought in two.

Rogers and sophomore Kaeleigh Rousey lead the team in hits, both going 2-3.

The next game was a heartbreaker for SIUE with the Cougars losing 3-2 in 12 innings.

Freshman left-hander Kaitlin Colosimo started the game for the Cougars and gave up two runs on seven hits in five and one-third innings.

McCune came on in relief

and received the loss giving up one run on six hits and striking out seven batters in six and one-third innings.

The Cougars got out to a 2-0 lead after the first two innings on a Rogers homerun and a single from sophomore Ashley Price.

Quincy came back to tie it at two apiece in the sixth inning.

The two teams went scoreless for the next five innings and it remained tied until the bottom of the 12th when Quincy outfielder Emily Clark doubled in the game-winning run with two outs and a runner on second.

This weekend the Cougars end their regular season at home. They have a doubleheader against Missouri Southern State University beginning at 1 p.m. on Saturday at Cougar Field. The Cougars host Kentucky Wesleyan College to a doubleheader at noon Sunday to close out the season.

## Are you a Sports fan?

The Alestle is looking for sports writers to cover and report on the Cougars.

E-mail Matthew Bruce at [alestlesports@gmail.com](mailto:alestlesports@gmail.com)

## BASEBALL

from page 8

high-scoring game for both teams. The Panthers knocked nine hits out of SIUE pitcher Adam Tallman. SIUE struck back, collecting 10 hits. The

game was decided at 6-4 in the Cougars' favor. SIUE's record improved to 32-12-1 overall and 25-11-1 in conference play.

The Cougars will return to action when they take on the University of Missouri-Rolla in a doubleheader at 2 p.m., Tuesday at Roy Lee Field.



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**Alpha Sigma Tau** would like to congratulate Shana Weston for being sister of the week! You are a great person and we love you!  
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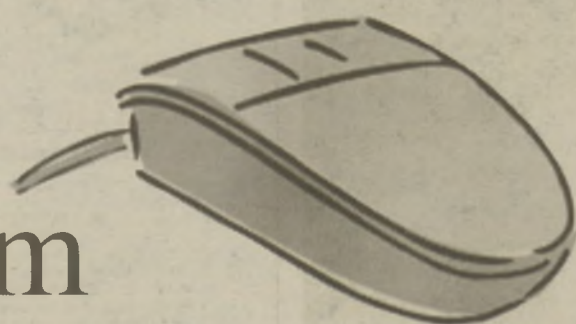
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